

**SUGGESTED USE: FOR OCCASIONAL USE ONLY:** Take 1 white packet in the morning with 8 ounces of water, 1 clear packet mid-afternoon with 8 ounces of water, and 1 clear packet at bedtime with 8 ounces of water, or as directed by a healthcare professional. Take for no more than 7 days continuously.

**SHORT-TERM CLEANSING PROGRAM:** Take 1 white packet in the morning with 8 ounces of water, 1 clear packet mid-afternoon with 8 ounces of water, and 1 clear packet at bedtime with 8 ounces of water for up to 7 days, or as directed by a healthcare professional. Do not repeat cleansing program for at least 6 to 8 weeks. This product should be taken in conjunction with a sensible diet high in fresh fruit and vegetables and 6 ounces of water eight times daily.

**CAUTION:** Do not exceed recommended dose. Read and follow directions carefully. This product contains cape aloe (*Aloe ferox*), cascara sagrada, senna leaves, rhubarb, and buckthorn bark. This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. If you experience chest pain, vomiting, or difficulty in swallowing or breathing after taking this product, seek immediate medical attention. Do not consume this product if you have difficulty in swallowing. This product is not intended for pregnant or nursing mothers or children under the age of 18. Do not use this product if you have abdominal pain, diarrhea or loose stools. Do not use this product for more than one week nor exceed the recommended daily dose. Rectal bleeding, abdominal cramping, and / or failure to have a bowel movement after the use of a laxative formula may be an indication of a more serious condition. Should this occur, or if you have a known medical condition and are taking medication, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

# 7-DAY CLEANSE

5550 mg  
of psyllium husk  
per day

**DIETARY SUPPLEMENT  
21 PACKETS**

## Supplement Facts

Serving Size 1 Clear Packet (6 capsules / 1 softgel)  
Servings Per Container: 14

Amount Per Serving	%Daily Value
Psyllium Husk Powder	2,775 mg *
Flaxseed Oil	1,000 mg *
Cape Aloe Leaf Powder ( <i>Aloe ferox</i> )	250 mg *
Fennel Seed Powder	240 mg *
Black Walnut Hull Powder	100 mg *
Bentonite Clay	85 mg *
Cascara Sagrada Bark (10:1 Extract / Powder)	67.5 mg *
Ginger Root Powder	60 mg *
Buckthorn Bark Powder ( <i>Frangula alnus</i> )	60 mg *
Licorice Root Powder	60 mg *
Senna Leaf Powder	55 mg *
Rhubarb Root Powder ( <i>Rheum palmatum</i> )	50 mg *
Flaxseed Powder	35 mg *
Oat Fiber	35 mg *
Aloe Vera Leaf (200:1 Extract)	25 mg *
Cayenne Pepper Fruit Powder	25 mg *
Prune Fruit Powder	25 mg *
Apple Pectin Powder	15 mg *
Glucosaminan Powder	10 mg *
Citrus Pectin (fruit & peel)	10 mg *
<i>Lactobacillus acidophilus</i>	1 mg *

\*Daily Value not established.

**Other ingredients:** Gelatin (bovine), rice flour, glycerin, vegetable magnesium stearate, silicon dioxide, purified water, microcrystalline cellulose, caramel color, and d-alpha tocopheryl acetate.  
**ALLERGEN WARNING: CONTAINS TREE NUTS (BLACK WALNUT).**

## Supplement Facts

Serving Size 1 White Packet (3 capsules / 1 softgel)  
Servings Per Container: 7

Amount Per Serving	%Daily Value
Vitamin D (as cholecalciferol)	10 mcg 50%
Calcium (as calcium carbonate)	25 mg 2%
Phosphorus (from sodium phosphate)	37 mg 3%
Magnesium (as magnesium oxide)	50 mg 12%
Chloride (from sodium / potassium chloride)	271 mg 12%
Sodium (from sodium chloride / phosphate)	202 mg 9%
Potassium (as potassium chloride)	99 mg 2%
Flaxseed Oil	1,000 mg *
Boron (as boron aminoate)	500 mcg *
BioPerine® (black pepper fruit extract)	5 mg *
FOS (Fructooligosaccharides)	300 mg *
XOS (Xylooligosaccharides)	100 mg *
6 Strain Probiotic Blend (1.5 Billion CFU) <sup>†</sup>	21.8 mg
Consisting of: DE111® ( <i>Bacillus subtilis</i> ), <i>Bacillus coagulans</i> , <i>Bifidobacterium bifidum</i> , <i>Lactobacillus rhamnosus</i> , <i>Lactobacillus acidophilus</i> , <i>Lactobacillus paracasei</i> .	

\*Daily Value not established.

**Other ingredients:** Gelatin (bovine), vegetable cellulose, rice flour, glycerin, microcrystalline cellulose, purified water, vegetable magnesium stearate, caramel color, silicon dioxide, and d-alpha tocopheryl acetate.

<sup>†</sup>Potency at time of manufacture. This product may be kept refrigerated to maximize shelf-life and potency.

DE111® is a registered trademark of Deerland Probiotics & Enzymes, Inc.  
BioPerine® is a registered trademark of the Sabinsa Corporation.



Vendor Code: 92A-V10



Lead

PET Canisters: Clear / Black		
Count Per Bottle	PET Bottle Size	Label Size
21 Packets	32 oz	5" x 11"