



No "US" claims

This formula is:  
Non-GMO  
Vegetarian  
Vegan  
Halal-certified

This formula is not:  
Organic



**SUGGESTED USE:** 5 gummies taken with fruit juice 1 to 2 times daily, before and/or after exercise or as directed by a healthcare professional. It may be advisable to take this product in cycles: 4 to 6 weeks on, then 4 to 6 weeks off.

**CAUTION:** Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers or children under the age of 18. Maintain sufficient fluid intake while taking this product. If you have a known medical condition and have questions about the advisability of taking this product, consult your physician prior to use. This product may settle during shipping. Natural colors will darken over time. This does not alter the potency of the product. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Creatine Monohydrate Gummy

1 g of Creatine Monohydrate per gummy

Blueberry-Raspberry Flavored

Dietary Supplement Gummies

## Supplement Facts

Serving Size 5 Gummies  
Servings Per Container:

Amount Per Serving	%Daily Value	
Calories 50		
Total Carbohydrate	12g	4%†
Total Sugars	7g	**
Includes 7g Added Sugars		14%†
Sodium	50mg	2%
Creatine Monohydrate	5g	**

†Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Other ingredients:** Glucose syrup, sugar, pectin, citric acid, sodium citrate, malic acid, calcium lactate, natural blueberry flavor, natural raspberry flavor, fruit and vegetable juice concentrate (carrot and blueberry) (for color), stevia leaf extract (95% steviol glycosides), and allulose.

Vendor Code: RVG-316L-V04

PET colors: White/Clear/Black/Amber

Count Per Bottle	Bottle Size	Label Size
75	500cc	3.5" x 9"

HDPE white:

Count Per Bottle	HDPE Bottle Size	Label Size
60	400cc	3.5" x 9"
90	625cc	4" x 9"