



SUGGESTED USE: 4 capsules taken daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Avoid taking this product in conjunction with other dietary supplements which contain high levels of elemental chromium. This product is not intended for pregnant or nursing mothers or children under the age of 18. If you are diabetic, or have a known medical condition, consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Women's Inositol Synergy Blend

**Dietary Supplement
Vegetable Capsules**

Supplement Facts

Serving Size 4 Capsules

Servings Per Container:

Amount Per Serving	%Daily Value	
Vitamin D (as cholecalciferol)	25 mcg	125%
Folate (as calcium L-5-methyltetrahydrofolate)	680 mcg DFE	170%
Vitamin B-12 (as methylcobalamin)	250 mcg	10,417%
Chromium (as chromium picolinate)	200 mcg	571%
Inositol	2000 mg	*
D-Chiro-Inositol (Chirositol®)	50 mg	*

*Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, vegetable magnesium stearate, and silicon dioxide.

Chirositol® is a registered trademark of Cyvex Nutrition, Inc.