



Not "non-GMO"
Not Vegan

This formula is:
Halal-certifiable

This formula is not:
Non-GMO
Vegetarian
Vegan
Organic
"Yeast-free"
(selenium source)
"Soy-free"
(but has no allergen)



Liquid Multi

(Mega Vita Liquid Capsule)

Dietary Supplement
Liquid Capsules

Supplement Facts

Serving Size 2 Liquid Filled Capsules
Servings Per Container:

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as beta-carotene)	750mcg 83%	Potassium (as potassium citrate)	16mg <1%
Vitamin C (as ascorbic acid)	60mg 67%	Citrus Bioflavonoids 50% Complex	5mg *
Vitamin D (as cholecalciferol)	25mcg 125%	Coenzyme Q10 (natural ubiquinone)	50mcg *
Vitamin E (as d-Alpha tocopheryl acetate)	10mg 67%	Inositol	5mg *
Thiamin (as thiamine mononitrate)	25mg 2,083%	Rutin	5mg *
Riboflavin	25mg 1,923%	<i>Panax ginseng</i> Root Powder	5mg *
Niacin (as niacinamide)	25mg 156%	Boron (as boron citrate / aspartate / glycinate complex)	500mcg *
Vitamin B-6 (as pyridoxine HCl)	25mg 1,471%	42 Fruit & Vegetable Proprietary Blend	5mg *
Folate (200mcg folic acid)	340mcg DFE 85%	Consisting of: Blueberry Fruit, Cranberry Fruit, Grape Seed, Strawberry Fruit, Rasperry Fruit, Pomegranate Fruit, Bilberry Fruit, Alfalfa Leaf, Carrot Root, Beet Root, Broccoli (flower & stalk), Acai Fruit (<i>Euterpe oleracea</i>), Chokeberry Fruit, Apple (fruit), Apple (fruit) Pectin, Maqui Berry (<i>Aristotelia chilensis</i>), Grape Skin, Black Cherry Fruit, Tomato Fruit, Barley (aerial parts), Celery Seed, Chlorella, Black Currant Fruit, Artichoke Leaf, Mango Fruit, Pineapple Fruit, Spirulina, Dandelion Root, Wheat Grass Leaf, Green Tea Leaf, Milk Thistle Seed, <i>Eleutherococcus senticosus</i> Root, Ashitaba Leaf (<i>Angelica keiskei</i>), Bing Cherry Fruit, Elderberry Fruit (<i>Sambucus nigra</i>), Goji Berry (<i>Lycium barbarum</i>), Grapefruit (fruit), Mangosteen Fruit, Spinach Leaf, Tart Cherry Skin, Papaya Fruit and Asian Pear (<i>Pyrus pyrifolia</i>).	
Vitamin B-12 (as cyanocobalamin)	250mcg 10,417%		
Biotin	500mcg 1,667%		
Pantothenic Acid (as calcium d-pantothenate)	25mg 500%		
Choline (as choline bitartrate)	2mg <1%		
Calcium (as calcium carbonate)	25mg 2%		
Iron (as ferrous fumarate)	9mg 50%		
Iodine (from kelp)	75mcg 50%		
Magnesium (as magnesium oxide)	12.5mg 3%		
Zinc (as zinc citrate)	7.5mg 68%		
Selenium (from selenium yeast)	12.5mcg 23%		
Copper (as copper gluconate)	1mg 111%		
Manganese (as manganese sulfate)	1mg 43%		
Chromium (as chromium picolinate)	100mcg 286%		

Other ingredients: Rice bran oil, vegetable cellulose, and chlorophyll.
ALLERGEN WARNING: CONTAINS CRUSTACEAN SHELLFISH (LOBSTER, SHRIMP AND CRAB [KELP]).

Vendor Code: VLI163-02

SUGGESTED USE: 2 liquid filled capsules taken 1 to 2 times daily with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Avoid taking this product in conjunction with other dietary supplements which contain high levels of elemental chromium. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition including diabetes should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Approved claims:

- A multivitamin / -mineral complex (with iron) for overall health support
- Good/great source of/with/providing:
 - Iron
 - antioxidant Vitamins (A as beta-carotene, C, and E
 - zinc and selenium, supportive of antioxidant processes)
 - (B vitamins) thiamin / riboflavin / niacin / folate / biotin / pantothenic acid / B-6 / B-12, [Not Choline]
- With/providing:
 - a 42 fruit and vegetable blend
 - a blend of (vitamins and) botanical/herbal ingredients for energy support
 - a multi-mineral blend and boron
- Support for overall health
- Liquid capsules for easy absorption

PET colors: White/Clear/Black/Amber		
Count Per Bottle	Bottle Size	Label Size
60	150cc	2.625" x 6.25"
90, 120	240cc	2.875" x 7.375"

Additional PET colors: Blue/Green		
Count Per Bottle	Bottle Size	Label Size
60	150cc	2.75" x 6"
90	200cc	2.75" x 7"
120	300cc	3" x 8"

2.625x6.25" template for 60ct

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Manganese (as manganese sulfate)	1mg 44%		
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