



Lead

PLAGEHOLDER  
BARCODE

**SUGGESTED USE:** 1 tablet daily preferably with a meal or as directed by a healthcare professional.

**CAUTION:** Do not exceed recommended dose. Avoid taking this product in conjunction with other dietary supplements which contain high levels of elemental chromium. Betaine hydrochloride should not be used by individuals with a history of peptic ulcers or any condition associated with excess acidity. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition including heartburn and diabetes should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

# Mega 2

## Dietary Supplement Tablets

### Supplement Facts

Serving Size 1 Tablet		Servings Per Container:	
Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A (as beta-carotene)	3,000 mcg 333%	Iodine (from iodine amino acid chelate)	150 mcg 100%
Vitamin C (as ascorbic acid)	250 mg 278%	Magnesium (as magnesium oxide / amino acid chelate)	25 mg 6%
Vitamin D (as cholecalciferol)	10 mcg 50%	Zinc (as zinc oxide)	15 mg 136%
Vitamin E (as d-Alpha tocopheryl succinate)	34 mg 227%	Selenium (as selenium amino acid chelate)	20 mcg 36%
Thiamin (as thiamine mononitrate)	100 mg 8,333%	Copper (as copper amino acid chelate)	0.5 mg 56%
Riboflavin	100 mg 7,692%	Manganese (as manganese sulfate)	6 mg 261%
Niacin (as niacinamide)	100 mg 625%	Chromium (as chromium amino acid chelate)	250 mcg 714%
Vitamin B-6 (as pyridoxine HCl)	100 mg 5,882%	Potassium (as potassium chloride / amino acid chelate)	10 mg <1%
Folate	680 mcg DFE 170% (400 mcg folic acid)	Inositol	100 mg *
Vitamin B-12 (as cyanocobalamin)	100 mcg 4,167%	PABA (para-Aminobenzoic Acid)	100 mg *
Biotin	100 mcg 3,333%	Citrus Bioflavonoids	50 mg *
Pantothenic Acid (as calcium d-pantothenate)	100 mg 2,000%	Betaine HCl	30 mg *
Choline (as choline bitartrate)	100 mg 18%	Rutin Powder	50 mg *
Calcium (as calcium carbonate / amino acid chelate)	50 mg 4%	Trace Mineral Complex	1 mg *
Iron (as iron amino acid chelate)	18 mg 100%		*Daily Value not established.

**Other Ingredients:** Calcium carbonate, vegetable stearic acid, hydroxypropyl methylcellulose, microcrystalline cellulose, croscarmellose sodium, vegetable magnesium stearate, silicon dioxide, vanilla, and riboflavin coating.  
**ALLERGEN WARNING: CONTAINS SOY.**

Vendor Code: T-MG202

PET colors: White/Clear/Black/Amber		
Count Per Bottle	NEW Bottle Size	NEW Label Size
30	150cc	2.625" x 6.25"
60	240cc	2.875" x 7.375"
90	300cc	3.375" x 8.25"

Additional PET colors: Blue/Green		
Count Per Bottle	Bottle Size	Label Size
30	150cc	2.75" x 6"
60	200cc	2.75" x 7"
90	300cc	3" x 8"

HDPE white:		
Count Per Bottle	HDPE Bottle Size	Label Size
180	625cc	4" x 9"