

SUGGESTED USE: 1 packet daily preferably with a meal or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

PRODUCT IDENTIFICATION KEY:

- Vitamin A - small softgel
- Vitamin D - small round tablet
- Vitamin E - liquid-filled capsule
- Minerals - grey tablet
- Vitamin C Complex - tan tablet
- Lecithin - large softgel
- Vitamin B Complex - yellow tablet



Lead

- Vitamin A 10,000 x1
- D3 1500 IU x1
- E-400 d-Alpha x1
- B-100 Complex x1
- Mega-Mineral IF x1
- C-1000 Complex x1
- Lecithin 1200mg x1

Super
**VITAMIN
PACK**

DIETARY SUPPLEMENT
30 PACKETS (210 CAPSULES / SOFTGELS / TABLETS)

DIETARY SUPPLEMENT
30 PACKETS (30 CAPSULES / 60 SOFTGELS / 120 TABLETS)

Supplement Facts

Serving Size 1 Packet (1 Capsule / 2 Softgels / 4 Tablets)
Servings Per Container:

Amount Per Serving		%Daily Value
Vitamin A (as retinyl palmitate)	3,000 mcg	333%
Vitamin C (as ascorbic acid)	1,000 mg	1,111%
Vitamin D (as cholecalciferol)	42.5 mcg	213%
Vitamin E (as d-Alpha tocopheryl acetate / mixed tocopherols)	267 mg	1,780%
Thiamin (as thiamin HCl)	100 mg	8,333%
Riboflavin	100 mg	7,692%
Niacin (as niacinamide)	100 mg	625%
Vitamin B-6 (as pyridoxine HCl)	100 mg	5,882%
Folate (400 mcg folic acid)	670 mcg DFE	167%
Vitamin B-12 (as cyanocobalamin)	100 mcg	4,167%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium pantothenate)	100 mg	2,000%
Choline (as choline bitartrate)	40 mg	7%
Calcium (as calcium carbonate)	500 mg	38%
Iodine (from potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide)	250 mg	60%
Zinc (as zinc oxide)	11.3 mg	102%
Selenium (as selenium amino acid chelate)	50 mcg	91%
Copper (as copper amino acid chelate)	1.5 mg	167%
Manganese (as manganese citrate)	1 mg	43%
Chromium (as chromium amino acid chelate)	100 mcg	286%
Molybdenum (as molybdenum amino acid chelate)	50 mcg	111%
Potassium (as potassium chloride)	47.5 mg	1%
Soy Lecithin	1,200 mg	*
Inositol	100 mg	*
para-Aminobenzoic acid	100 mg	*
Bromelain (40 GDU)	16.5 mg	*
Citrus Bioflavonoid 50% Complex	535 mg	*
Rutin (from <i>Sophora japonica</i> bud extract)	50 mg	*
Acerola Fruit Powder	10 mg	*
Quercetin Dihydrate	50 mg	*
Boron (as boron amino acid chelate)	1.5 mg	*
L-Glutamic Acid HCl	50 mg	*
Bentonite Clay	5 mg	*
Rose Hips (fruit)	5 mg	*

*Daily Value not established.

Other ingredients: Gelatin (bovine), calcium carbonate, vegetable stearic acid, extra virgin olive oil, glycerin, microcrystalline cellulose, dicalcium phosphate, soybean oil, vegetable magnesium stearate, croscarmellose sodium, purified water, aqueous film coating (purified water, hydroxypropyl methylcellulose, and vegetable glycerin), hydroxypropyl methylcellulose, silicon dioxide, vanilla flavor, pharmaceutical glaze, watercress powder, and parsley leaf powder.

ALLERGEN WARNING: CONTAINS SOY.