

# VEGGIE VITE

MULTI-VITAMIN COMPLEX

Non-GMO Formula

Dietary Supplement  
Tablets

## Supplement Facts

Serving Size 3 Tablets

Amount Per Serving		%Daily Value
Vitamin A (as beta-carotene / palmitate)	4500 mcg	500%
Vitamin C (as ascorbic acid)	500 mg	556%
Vitamin D-2 (as ergocalciferol)	10 mcg	50%
Vitamin E (as d-Alpha tocopheryl succinate)	40 mg	267%
Vitamin K-1 (as phylloquinone)	50 mcg	42%
Thiamin (as thiamine HCl)	20 mg	1667%
Riboflavin	30 mg	2308%
Niacin (as niacinamide)	30 mg	188%
Vitamin B-6 (as pyridoxine HCl)	20 mg	1176%
Folate	680 mcg DFE (400 mcg folic acid)	170%
Vitamin B-12 (as cyanocobalamin)	200 mcg	8333%
Biotin	75 mcg	250%
Pantothenic Acid (as d-calcium pantothenate)	25 mg	500%
Choline (as choline bitartrate)	10 mg	2%
Calcium (as carbonate / citrate)	200 mg	15%
Iodine (from kelp)	150 mcg	100%
Magnesium (as amino acid chelate)	125 mg	30%
Zinc (as zinc citrate)	10 mg	91%

Servings Per Container:

Amount Per Serving	%Daily Value
Selenium (as L-selenomethionine)	50 mcg 91%
Copper (as copper citrate)	2 mg 222%
Chromium (as chromium picolinate)	200 mcg 571%
Molybdenum (as sodium molybdate)	100 mcg 222%
Potassium (as potassium citrate)	75 mg 2%
Inositol Hexanicotinate	30 mg *
Boron (as amino acid chelate)	3 mg *
Silica (silicon dioxide)	10 mg *
Horsetail Herb Powder	225 mg *
Vanadium (as vanadyl sulfate)	50 mcg *
FOS (fructooligosaccharides)	200 mg *
Garlic Bulb (providing 300mcg allicin)	30 mg *
Green Tea 98% Extract (leaf)	30 mg *
Licorice Root Extract	30 mg *
Rosemary 4:1 Extract (leaf)	75 mg *
Broccoli Powder (stems & buds)	100 mg *
Tomato Fruit Powder	100 mg *
Parsley Leaf Powder	30 mg *
Celery Seed Powder	30 mg *

\*Daily Value not established.

**Other Ingredients:** Vegetable stearic acid, dicalcium phosphate, microcrystalline cellulose, vegetable magnesium stearate, and aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin and chlorophyll).

**ALLERGEN WARNING: CONTAINS CRUSTACEAN SHELLFISH (SHRIMP, LOBSTER AND CRAB).**

**SUGGESTED USE:** 3 tablets daily preferably with meals or as directed by a healthcare professional.

**CAUTION:** Do not exceed recommended dose. Avoid taking this product in conjunction with other dietary supplements which contain high levels of elemental chromium. Pregnant or nursing mothers, children under the age of 18, individuals taking anti-coagulant drugs, or with a known medical condition, including diabetes, should consult your physician prior to taking this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.**

Vendor Code: VLI259-04



Lead

PET colors: White/Clear/Black/Amber

Count Per Bottle	Bottle Size	Label Size
90	150cc	2.625" x 6.25"

Additional PET colors: BlueGreen

Count Per Bottle	Bottle Size	Label Size
90	200cc	2.75" x 7"