

Women's Daily Pack

Vitamin/Mineral Complex
with a Food Based Blend &
Essential Fatty Acids / Herbal Extracts

Dietary Supplement
Packets

Supplement Facts

Serving Size 1 Packet (3 capsules / 1 softgel / 3 tablets)

Servings Per Container:

Amount Per Serving	%Daily Value
Vitamin A (as 67% beta-carotene / 33% palmitate)	4,500 mcg 500%
Vitamin C (as ascorbic acid)	500 mg 556%
Vitamin D (as cholecalciferol)	15 mcg 75%
Vitamin E (as d-Alpha tocopheryl succinate / acetate)	73 mg 489%
Thiamin (as thiamine mononitrate)	50 mg 4,167%
Riboflavin	50 mg 3,846%
Niacin	10 mg 63%
Vitamin B-6 (as pyridoxine HCl)	50 mg 2,941%
Folate	880 mcg DFE 170% (400 mcg folic acid)
Vitamin B-12 (as methylcobalamin)	100 mcg 4,167%
Biotin	100 mcg 333%
Pantothenic Acid (as d-calcium pantothenate)	20 mg 400%
Choline (as choline bitartrate)	30 mg 5%
Calcium (from calcium carbonate / dicalcium phosphate / citrate / amino acid chelate / hydroxyapatite / gluconate / lactate / orotate / malate / succinate)	675 mg 52%
Phosphorus (as dicalcium phosphate)	111 mg 9%
Magnesium (as magnesium oxide / amino acid chelate)	350 mg 83%
Zinc (as zinc amino acid chelate)	15 mg 136%
Selenium (as amino acid chelate)	50 mcg 91%
Copper (as cupric oxide)	0.2 mg 22%
Manganese (as manganese sulfate)	2 mg 87%
Chromium (as chromium polynicotinate)	50 mcg 143%
Potassium (as potassium citrate)	50 mg 1%
Enzyme & Probiotic Complex (Consisting of Bromelain, Papain, Amylase, Lipase, and LactoSpore® [Bacillus coagulans])	75 mg *
Spirulina	500 mg *
Wheat Grass Powder (aerial plant)	200 mg *
Safflower Powder (flower)	100 mg *
Lecithin	75 mg *
Inositol	75 mg *
Citrus Bioflavonoids 50% Complex	50 mg *
Gotu Kola Powder (aerial parts)	50 mg *
Echinacea purpurea Root Powder	25 mg *
Green Tea Leaf 98% Extract	25 mg *
PABA (para-Aminobenzoic Acid)	15 mg *
Psyllium Husk Powder (hulls)	15 mg *
Oat 10:1 Extract (aerial parts)	15 mg *

Amount Per Serving	%Daily Value
Apple (fruit) Pectin	15 mg *
Chlorophyll (sodium copper chlorophyllin)	15 mg *
Octacosanol	15 mcg *
Peat Extract (providing all 72 naturally-occurring trace minerals)	3 mg *
Kelp (thallus)	210 mcg *
Boron (as boron amino acid chelate)	2027 mcg *
CLA Complex (from safflower oil) (80% conjugated linoleic acid [ethyl ester form])	290 mg *
GLA Complex (from borage seed oil) (18.5% gamma linolenic acid)	262 mg *
ALA Complex (from flaxseed oil) (50% alpha linolenic acid)	150 mg *
Fish Oil (esterified) Providing EPA (Eicosapentaenoic Acid) (ethyl ester form)	125 mg *
DHA (Docosahexaenoic Acid) (ethyl ester form)	100 mg *
Soy Isoflavones	15 mg *
Black Cohosh Root Extract	80 mg *
Dong Quai Root (1% extract)	75 mg *
Licorice Root (1% extract)	75 mg *
Red Clover Aerial Parts (1% extract)	200 mg *
Sage Leaf (2.5% extract)	100 mg *
Chasteberry Fruit (0.5% extract)	25 mg *
Blessed Thistle (herb powder)	25 mg *
Red Raspberry Fruit Powder	25 mg *
Wild Yam Root (16% extract)	7.5 mg *
trans-Resveratrol (from Polygonum cuspidatum root extract)	500 mcg *
42 Fruit & Vegetable Proprietary Blend (Consisting of Blueberry Fruit, Cranberry Fruit, Grape Seed, Strawberry Fruit, Raspberry Fruit, Pomegranate Fruit, Bilberry Fruit, Alfalfa Leaf, Carrot Root, Beet Root, Broccoli (floret & stalk), Acai Fruit (Euterpe oleracea), Chokeberry Fruit, Apple (fruit), Apple Pectin Fruit, Maqui Berry (Aristotelia chilensis), Grape Skin, Black Cherry Fruit, Tomato Fruit, Barley (aerial part), Celery Seed, Chlorella, Black Currant Fruit, Artichoke Leaf, Mango Fruit, Pineapple Fruit, Spirulina, Dandelion Root, Wheat Grass Leaf, Green Tea Leaf, Milk Thistle Seed, Eleutherococcus senticosus Root, Ashitaba Leaf, Bing Cherry Fruit, Elderberry Fruit, Goji Berry (Lycium barbarum), Grapefruit Fruit, Mangosteen Fruit, Spinach Leaf, Tart Cherry Skin, Papaya Fruit and Asian Pear (Pyrus pyrifolia).	315 mg *

*Daily Value not established.

Other Ingredients: Gelatin (bovine), vegetable stearic acid, vegetable magnesium stearate, croscarmellose sodium, microcrystalline cellulose, glycerin, aqueous film coating (purified water, hydroxypropyl methylcellulose, vegetable glycerin, chlorophyll, and calcium carbonate), rice flour, purified water and silicon dioxide.

ALLERGEN WARNING: CONTAINS SOY AND FISH (ANCHOVIES).

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SUGGESTED USE: 1 packet daily preferably with a meal or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. This product should be consumed with at least a full glass of liquid. Consuming this product without enough liquid may cause choking. Do not consume this product if you have difficulty in swallowing. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. If you are taking a birth control pill, are considering becoming pregnant or have questions about the advisability of taking this product, consult your physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

NOTICE: Most people should not experience "Niacin skin flush" when using this product. However a few sensitive individuals may experience some flushing. Do not take on an empty stomach.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Life's Vite x3
Cal Mag x2
Women's Support x1
EFA x1



Lead only

Vendor Code: 78A-V09